



# SHINGLES CAN BE SERIOUS

Hypothetical patient profile.  
May not be representative of every patient's experience of shingles



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So serious it could lead to nerve pain.  
Shingles nerve pain could last for months, even years.

Hypothetical patient profile.  
May not be representative of every patient's experience of shingles

**FOR MORE INFORMATION ABOUT SHINGLES  
TALK TO YOUR DOCTOR OR VISIT  
[WWW.SHINGLES.COM.AU](http://WWW.SHINGLES.COM.AU)**

**1 IN 3  
ADULTS**

MAY DEVELOP SHINGLES IN THEIR LIFETIME AND THE RISK OF SHINGLES INCREASES OVER THE AGE OF 70.

**ASK YOUR DOCTOR ABOUT  
GOVERNMENT FUNDED PREVENTION  
AND TREATMENT OPTIONS**

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Date of preparation September 2016. AUS/ZOST/0816/0150.





## Shingles is unpredictable

There's no way to predict who will develop shingles, when or how severe it will be.



The pain can disrupt your sleep and everyday life.



Up to 20% of adults with shingles may develop long term nerve pain which may last for months, even years.



The risk of shingles and related complications increases with age, particularly after the age of 70.



Other complications include permanent scarring, vision loss (if the rash occurs around the eye) and an increased risk of stroke.



97% of adults have the virus that causes shingles within them.



Antiviral therapy may help reduce the severity and duration of shingles if started within 72 hours.



Most people with shingles develop a painful rash, which usually appears as a band or belt on one side of their body.



Shingles pain can be difficult to treat and your doctor may prescribe a variety of medications.



Shingles pain can be excruciating and has been described as burning or stabbing.

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